



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

		10:00 Chair Stretches 1 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Snow Birds Painting <small>New Year's Day</small>		10:00 Fun, fit exercise 2 10:30 Daily Chronicle & Coffee 2:00 Trivia 3:30 Happy Hour		10:00 Chair Stretches 3 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Bingo 3:30 Spades		10:00 Fun, fit exercise 4 10:30 Daily Chronicle & Coffee 2:00 Crafting 3:00 Dominoes					
		9:30 Coffee Talk 5 10:00 Hymn's 10:30 St. Luke's Methodist Church (ch 8) 1:00- 4:00 Self Serve Sunday Board Games, Cards, ect.		10:00 Chair Stretches 6 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Mani's & Massages 3:30 Noodle Ball		10:00 Fun, fit exercise 7 10:30 Daily Chronicle & Coffee 2:00 Axe Throwing w/ Spencer (Legacy Hospice) 3:00 Ice Cream Social		9:30 Wal-Mart Outing 8 2:00 Bible Study w/ Accentra 3:30 Uno		10:00 Chair Stretches 9 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Art w/ Kelcey 3:30 Happy Hour		10:00 Fun, fit exercise 10 10:30 Daily Chronicle & Coffee 2:00 Bingo 3:30 G. Graham	
9:30 Coffee Talk 12 10:00 Hymn's 10:30 St. Luke's Methodist Church (ch 8) 1:00- 4:00 Self Serve Sunday Board Games, Cards, ect.		10:00 Fun, fit exercise 13 10:30 Daily Chronicle & Coffee 2:00 Mani's & Massages 3:00 Balloon Tennis		10:00 Chair Stretches 14 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Ice Cream Social 3:00 Word Search & Puzzles		10:00- 12:00 Outing of 15 choice 2:00 pm Trivia 3:30 Music Appreciation		10:00 Fun, fit exercise 16 10:30 Daily Chronicle & Coffee 2:00 The Romeos 3:30 Happy Hour		10:00 Chair Stretches 17 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Bingo 3:30 Monopoly		10:00 Fun, fit exercise 18 10:30 Daily Chronicle & Coffee 2:00 Crafting 3:30 Movie & Popcorn	
9:30 Coffee Talk 19 10:00 Hymn's 10:30 St. Luke's Methodist Church (ch 8) 1:00- 4:00 Self Serve Sunday Board Games, Cards, ect. <small>Activity Professionals Week</small>		10:00 Chair Stretches 20 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Mani's & Massages 3:30 Noodle Ball <small>Martin Luther King Jr. Day</small>		10:00 Fun, fit exercise 21 10:30 Daily Chronicle & Coffee 2:00 Ice Cream Social 3:30 Trivia		9:30 Wal-Mart Outing 22 2:00 Birthday Party w/ Emerald Hospice 2:30 Pet Therapy w/ Patti 3:30 Spades		10:00 Chair Stretches 23 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Art w/ Kelcey 3:30 Happy Hour		10:00 Fun, fit exercise 24 10:30 Daily Chronicle & Coffee 2:00 Bingo 3:30 Dominoes		10:00 Chair Stretches 25 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Crafting 3:00 Movie & Popcorn	
9:30 Coffee Talk 26 10:00 Hymn's 10:30 St. Luke's Methodist Church (ch 8) 1:00- 4:00 Self Serve Sunday Board Games, Cards, ect. <small>Australia Day (Observed)</small>		10:00 Fun, fit exercise 27 10:30 Daily Chronicle & Coffee 2:00 Main's and Massages 3:30 Darts		10:00 Chair Stretches 28 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Ice Cream Social 3:30 Balloon Tennis		10:00- 12:00 Outing of 29 choice 2:00 pm Trivia 3:30 Music Appreciation <small>Chinese New Year (Year of the Snake)</small>		10:00 Fun, fit exercise 30 10:30 Daily Chronicle & Coffee 2:00 Art w/ Kelcey 3:30 Happy Hour		10:00 Chair Stretches 31 10:30 Walk & Roll 11:00 Daily Chronicle & Coffee 2:00 Bingo 3:30 Word Search			