Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July Birthdays 7/10 Carol H 7/12 Deb Cl Memory Care	11am Hymns Sing Along 11:30 Chair Stretches 1:30 Music Appreciation 3pm Q-Tip Painting Canada Day National Creative Ice Cream Flavors	2 10am Hymns Sing Along 10:30 EZ Trivia Tuesday 11am Fun and Fit Exercise 2 Coloring Therapy 3 Penny In Game	3 10am Gathan Graham Video 11am Hymns Sing Along 1:30 Bingo <u>2:30 Dog Therapy w/ Tim & Noah</u> 3 Bill Taylor Devotional	4 10am Hymns Sing Along 10:30 Finish the Phrase 11am Fun and Fit Exercise 1:30 NoodleBall 2:30 Marvelous Manicures 3 Chalk Firework Art <u>6pm Happy 4th of July!!!</u>	5 10am Smoothies w/ Stacy 11am Hymns Sing Along 11:30 Chair Stretches 1:30 Movie Matinee & Popcorn A League of Their Own 3 Ice Cream Social	6 11am Sing Along to Eldersong 11:30 Chair Stretches 1:30pm Gathan Graham Video <u>3 Bingo w/ Kelcey</u>
	Day.	National Wildland Firefighter Day	National Compliment Your Mirror Day	Independence Day (US)	National Graham Cracker Day	National Fried Chicken Day
10:30am St Luke's Methodist Church Service ch 8 11am Hymns Sing Along 11:30 Chair Stretches 1:30 Movie Matinee & Popcorn T <u>he Sandlot</u> 3pm Noodleball	8 11am Hymns Sing Along 11:30 Chair Stretches 1:30 Travis Wackerly - Guitar (AL Performance, MC Welcome) 3pm Puzzle Games	9 10am Hymns Sing Along 10:30 Cranium Cringes 11am Fun and Fit Exercise 1:30pm Sugar Cookie Snack 2pm Cupcake Liner Fireworks 3pm Bingo	10 10am Gathan Graham Video 11am Hymns Sing Along <u>1:30 Dog Therapy with Patty</u> 2 The Issacs Family Musicians 3 Butterfly Art	11 10am Hymns Sing Along 10:30 Finish the Phrase 11am Fun and Fit Exercise 1:30 Marvelous Manicures 4:30pm Family Night Independence Day Celebration	12 9:15 Gathan Graham 11am Hymns Sing Along 11:30 Chair Stretches 1:30 Movie Matinee & Popcorn The Newsies 1:30 The Romeos (AL Performance, MC Welcome) 3 Ice Cream Social	13 11am Sing Along to Eldersong 11:30 Chair Stretches 1:30pm Gathan Graham Video <u>3 Bingo w/ Kelcey</u> National Barbershop Music Appreciation
National Day of Rock 'n' Roll	National Freezer Pop Day	National Sugar Cookie Day	National Pina Colada Day	National 7-Eleven Day	Eat Your Jello Day	Day
10:30am St Luke's Methodist	15	10am Hymns Sing Along	17	- 18	19	20
Church Service ch 811am Hymns Sing Along 11:30 Chair Stretches 1:30 Movie Matinee & Popcorn The Apple Dumplin' Gang 3pm Noodleball	11am Hymns Sing Along 11:30 Chair Stretches 1:30 Music Appreciation 3pm Coloring Therapy	10:30 Wacky Wordies 11am Fun and Fit Exercise 1:30 Penny In Game 2:30 Marvelous Manicures 3:30 Music Appreciation	10am Gathan Graham Video 11am Hymns Sing Along 1:30 Craft 'n' Snack <u>2:30 Dog Therapy w/ Tim & Noah</u> 3 Rick Toops - Keyboard National Tattoo Day	10am Hymns Sing Along 10:30 Finish the Phrase 11am Fun and Fit Exercise 1:30 Bingo 3:30 Tropical Snack Time	11am Hymns Sing Along 11:30 Chair Stretches 1:30 Movie Matinee & Popcorn The Shaggy Dog 3 Ice Cream Social	11am Sing Along to Eldersong 11:30 Chair Stretches 1:30pm Gathan Graham Video <u>3 Bingo w/ Kelcey</u>
National Mac & Cheese Day	National Gummi Bear Day	National Personal Chef Day	National Emoji Day	National Tropical Fruit Day	National Words With Friends Day	National Moon Day
10:30am St Luke's Methodist Church Service ch 811am Hymns Sing Along 11:30 Chair Stretches 1:30 Movie Matinee & Popcorn <u>Apollo 13</u> 3pm Noodleball	11am Hymns Sing Along 11:30 Chair Stretches 1:30 Music Appreciation 3pm Paint By Number	10am Hymns Sing Along 10:30 Summer What Is It? 11am Fun and Fit Exercise 1:30 Serenity Time 2 Marvelous Manicures 3pm Dog Therapy w/ Micah & Murphy	10am Gathan Graham Video 11am Hymns Sing Along 1:30 Happy July Birthdays! w/ Holly - Emerald Hospice <u>2 Dog Therapy with Patty</u> 2:30 Max Jay - Guitar	10am Hymns Sing Along 10:30 Finish the Phrase 11am Fun and Fit Exercise 1:30 NoodleBall 2:30 Olympic Medals Craft	11am Paris Summer Olympics Opening Ceremony (NBC) 11am Hymns Sing Along 11:30 Chair Stretches 1:30 Movie Matinee & Popcorn 3pm Olympic Event	11am Sing Along to Eldersong 11:30 Chair Stretches 1:30pm Men's & Women's Swimming Semi's & Finals 3pm Olympic Event 4pm Men's Beach Volleyball Prelims
National Ice Cream D	National Mango Da	Gorgeous Grandmas Day	National Cousins D	National Wine & Cheese Day	National Disability Independence Day	National Day of the Cowboy
10:30am St Luke's Methodisi 28 Church Service ch 8 11am Hymns Sing Along 11:30 Chair Stretches 1:30 Movie Matinee & Popcorn <u>Amélie</u> 3pm Olympic Event 4pm 10m Air Rifle Men's Qualification Buffalo Soldiers Day	29 10:30am Men's Artistic Gymnastics Team Final 11am Hymns Sing Along 11:30 Chair Stretches 1:30 Music Appreciation 3pm Olympic Event National Lipstick Da	30 10am Hymns Sing Along 10:30 Finish the Phrase 11am Fun and Fit Exercise 1:30 Serenity Time 2pm Olympic Event w/ Complete OK 3:30 Serenity Time 6:15 Women's Gymnastic Team Final National Cheesecake Day	31 10am Gathan Graham Video 11am Hymns Sing Along 1:30 Men's Sabre Team Gold Medal Match 2:30pm Olympic Event 3:30 Serenity Time	July		

The Gardens: Rooted in Quail Springs 14300 N Portland Ave OKC, OK 73134 (405) 970-2121.

All Activities are subject to changes. Thank you for understanding